BATCH - 2014
SEMESTER I- INTRODUCTION TO SOCIAL WORK PROFESSION - PSW701S

Unit I

Unit II

Unit III

Unit IV

Unit V

TEXT BOOK
REFERENCES

SEMESTER I- SOCIAL CASE WORK- PSW702S

Unit I

Unit II

Unit III

Unit IV

Unit V
Case Work Practice: Typical Problems of Clients and Case Work Practice with them in the following areas. Correctional Institutions, Schools, Industries, De-addiction and Detoxification Centers, Home for Differently Abled, the Aged, Terminally Ill People, Persons infected with HIV/AIDS and STD and their Families. Handling Stigma & Discrimination

TEXT BOOK

REFERENCES

SEMESTER I- **SOCIAL GROUP WORK** - PSW703S

**Unit I**
Social Group: Definition, Characteristics, Types of Groups and Functions of a group; Stages of Group development, Basic Human Needs met by groups at different stages of group development. Group Processes Bond, Acceptance, Isolation, Rejection, Sub-group formation, Withdrawal and control.

**Unit II**

**Unit III**
Programme Planning: Meaning and Definition of Programme, Principles and Process of Programme Planning and the place agency in programme planning; Programme Laboratory – Values and techniques: Games, Singing, Dancing, Dramatics, Street play, Puppetry, Mime, Group discussions, Parties, Excursion, Psychodrama, Sociodrama, role play, Brain Storming, Camping – Planning and Conducting Camps.

**Unit IV**
Skills of Group Worker - I: Use of home visits and collateral contacts, Leadership: Concepts, Definition, Characteristics and functions, qualities of leader, Types and theories of leadership; Training for leadership; Sociometry and Sociogram. Group Work Supervision: Meaning, purpose, tasks, types and functions.

**Unit V**

**TEXT BOOK**
REFERENCES
1. Siddik, “Group Work Practice”.
5. Galssman Ureania and Lenkates: Group Work, Stage, Thousands.
Unit 1

Unit 2

Unit 3
Attitude: Definition, formation of attitude, measurement of attitude. Concept of adjustment and maladjustment, Stress, frustration and conflict sources of frustration and conflict, types of conflicts.

Unit 4
Abnormal Psychology: Concepts of normality and abnormality, Causation of mental illness, neuroses, psychoses, measures to promote mental health – Classification of psychological disorders. Defense mechanism

Unit 5
Developmental disorders- anxiety related disorders- Conduct disorders Epilepsy, Learning disabilities- Scholastic related problems. Personality disorders, Suicidal tendencies. Rehabilitation. The role of social worker as a team member of mental health professionals

Reference:
SEMESTER I-  PSYCHOLOGY  EPSW705S
ELECTIVE - I

Unit 1

Unit 2

Unit 3
Attitude: Definition, Formation of Attitude, Measurement of Attitude. Concept of Adjustment and Maladjustment, Stress, Frustration and Conflict Sources of Frustration and Conflict, Types of Conflicts. Responsible Sexual Behavior.

Unit 4
Abnormal Psychology: Concepts of Normality and Abnormality, Causation of Mental Illness, Neuroses, Psychoses, Measures to promote Mental Health – Classification of Psychological Disorders. Defense Mechanism

Unit 5
Developmental Disorders- Anxiety related Disorders- Conduct Disorders Epilepsy, Learning Disabilities- Scholastic related Problems. Personality Disorders, Suicidal Tendencies. Rehabilitation. The role of Social Worker as a Team Member of Mental Health Professionals
Reference:
SEMESTER I - CONCURRENT FIELD WORK –  I - PSWF1

Field Work Components:
1. Observational Visits - The first year students during the first semester go for observational visits to various settings: Medical & Psychiatric, Rural Community Setting, Slum Visits, Industrial Setting, Correctional Setting and Tribal Setting.
2. Street Theatre training
3. Rural Camp for a week
4. Laboratory Experience in Social Work Practice with individuals, Groups and Community
5. Seminar on Current issues – organized in groups.

The students spend two days in a week and expected to spend a minimum of 15 hours per week in the field.

Every week the students write a report of their activities and submit to the concerned field work supervisor on Mondays. The supervisor conducts individual and group conference every week regularly.

At the end of the semester Viva Voce is conducted by an external examiner and marks are awarded. The CA mark - 40 and the SE mark - 60.
UNIT I

UNIT II

UNIT III
Sources and Methods of Data Collection: Sources: Primary and Secondary; Research Tools: Observation, Survey Methods: Interview Guide, Interview Schedule, and Questionnaire: Construction of Questionnaire / Interview Schedule – Concept, Types of Questions, Question Format and Sequence of Questions. Advantages and Disadvantages, Pilot Study and Pre-test.

UNIT IV

UNIT V
REFERENCES
2. Manoharan P.K: Research Methodology
3. Debasis Chakraborty: Research Methodology
UNIT 1

UNIT 2

UNIT 3
Personnel Administration: Manpower planning, Job design, Induction, Training, Staff welfare and Service conditions. Management by Objectives as applied to HSOs. Supervision. Organizational climate. Public Relations and Networking.

UNIT 4

UNIT 5
References:
SEMESTER II SOCIAL POLICY AND SOCIAL LEGISLATIONS

UNIT - I

UNIT - II

UNIT - III
Social Legislation: Meaning and Scope, Major Social Legislations, Indian Penal Code, Family Courts, Lok Adalats, The Legal Aid, Public Interest Litigation and Right To Information Act (2005).

UNIT - IV

UNIT - V

Reference:


for viva voce and 40 marks for IA)
SEMESTER II DISASTER MANAGEMENT PSW809

UNIT-I
Disaster: Meaning, Concept and related concepts, disaster, risk, Hazard. Models of disaster - crunch model and release model.

UNIT-II

UNIT-III
Participatory Assessment of Disaster Risk steps - preparation, hazard assessment, vulnerability assessment, capacity assessment, key informant interviews and action planning.

UNIT-IV

UNIT-V
Role of social workers and voluntary agencies. Role of social work professionals at different levels: Resources mobilization, working with other professionals, working with government and voluntary organizational. Voluntary agencies working on disaster management.

References
SEMESTER II - COUNSELING: THEORY AND PRACTICE - EPSW810S

Unit I

Unit II

Unit III
Types of Counseling: Individual Counseling, Group Counseling, Marital Counseling, Student and Industrial Counseling. Techniques of group Counseling, strategies, Structure – Barriers to Effective Counseling Sessions; Counseling Evaluation.

Unit IV
Family and Marital Counseling: Family System – Factors affecting Communication in families – Marriage and family; Aims and types of Marriage; factors contributing to marital conflicts – Family Counseling; Marital Therapy; Pre – Marital Counseling – Approaches to Marital therapy.

Unit V
Components of Effective Counseling: Personality of the Counselors, Skills, Role and functions of counselors in Schools, Colleges, Industries, Family, Hospital and Rehabilitation Institution. Application of Test: The following standardized test must be practiced in counseling settings. Personality, Intelligence, Interpersonal Relations, Stress, Anger, Self-Esteem, Anxiety, Assertiveness, Depression, Adjustment, Mental Health and Family Intensive.
REFERENCES
4. Egan, Gerard, 2006 The skilled helper: A problem management and opportunity, Development Approach to helping, Wadsworth publishers, Boston, USA
7. Mearns & Dave, 1999 Person-Centred Counselling in Action, Sage Publications, New Delhi, India
8. Palmer, 2004 Counselling, The BAC Counselling reader, British Association for Counseling,Vol. 1 & 2, Sage publications, New Delhi, India
SEMESTER II - CONCURRENT FIELD WORK II - PSWF2

The first year students during the second semester go for practice based social work for two days in a week and expected to spend a minimum of 15 hours per week in the field.

The first year students are placed in villages or hospitals or schools or NGOs or government offices or counseling centers or welfare organizations or service organization for a semester.

During the placement they have to practice all the primary methods of social work. One has to complete 5 cases in casework, one group following all the stages of group work practice with at least 10 sessions which include the formation, naming, fixing of objectives, organizing programmes based on the objectives, evaluation, sociometry and sociogram. and in the community conduct common programmes or solve an issue of the community following the principles of community organization and social action.

Every week the students write a report of their activities and submit to the concerned field work supervisor. The supervisor conducts individual and group conference every week regularly.

At the end of the semester Viva- Voce is conducted by two examiners, one being an external examiner and the other would be the supervisor. (60 marks)