

ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS),

CUDDALORE – 1

DEPARTMENT OF PSYCHOLOGY

CURRICULUM TEMPLATE

All the UG First years

S:no	Subject/ Semester	Subject Code	Stream	Paper	Hours/ Week	Marks	Credits
1	Value Education/ I Semester	VE101T	Arts & Science	IV	3	75- Written exam 25- Internals	2
3	Dynamics of Personality/ II Semester	EPD201T	Arts & Science	IV	3	75- Written exam 25- Internals	2

ALL UG I YEAR	VALUE EDUCATION	VE101T
SEMESTER - I		HRS/WEEK - 3
PAPER - IV		CREDIT - 2

OBJECTIVES:

1. To impart knowledge for the integrated growth of the students
2. To analyze themselves and to put forth their acceptable behavior
3. To inculcate values among the students to lead a happy life.

Unit-I

Values-Definition- Concept -Sources of values-Characteristics of values-Classification of values-Importance of value education-Erosion of values-Political erosion-social erosion-economic erosion.

Unit-II

Learning-Pavlov and classical conditioning-operant conditioning-learning by insight –the modeling process and transmission of response information-kind of modeling-observational learning.

Unit-III

Memory-concept-information processing approach-sensory information stage-short term memory-memory categories-measuring memory-memory span-total learning method.

Unit-IV

Emotion-concept of emotions-displacement-positive emotions-theories of emotion-the james-lange theory of emotion-cannon-bard theory of emotion-the facial feedback theory-Averill's social theory.

Unit-V

Intelligence-major intelligence test-binet-Simon test-Wechsler's test-theories of intelligence-spearman's two factor theory-Sternberg's triarchic theory of intelligence-determinants of intelligence.

Reference books

- Hilgard, E.R., Atkinson, R.C. and Atkinson, R.L. Introduction to psychology (5th Ed) Jovanovich, Harcourt Brace, 1971.
- Parameswaran, E.G. and Beena, C. Invitation to psychology. New Delhi, Tata McGraw-Hill Publishing Co Ltd. 1988.
- Ghorpade M.B. Essentials of psychology (2nd Rev. Ed.) Bombay, Himalayas publishing house, 1980.
- Baron, R.A, Byrne, D and Kantowitz, B.H. Psychology, understanding human Behaviour. NY. Holt, Rinehart and Winston, 1980.

Question pattern (CIA)

Section-A

Answer all the Questions (15x1=15)

Section-B

Answer any seven from the following (7x5=35)

Question pattern -Semester

Section-A

Answer all the Questions (20x1=20)

Section-B

Answer any five from seven of the following (5x5=25)

Section-C

Answer all the Questions, either or pattern (3x10=30)

ALL UG I YEAR	Dynamics of personality	EPD 201T
SEMESTER - II		HRS/WEEK - 3
PAPER – IV		CREDIT - 2

OBJECTIVES

- The meaning of the personality
- determinants of the personality
- Personality types and assessment to enhance mental health

Unit-I

Personality-meaning-Definition-Determinants of personality-Genetic Determinants-Social Determinants-cultural Determinants- Psychological Determinants-Development of personality -Need for personality development-Guidelines to improve personality.

Unit-II

Theories of personality-Freudian theory-Jung's analytical psychology-Defense mechanism-Displacement-Repression-Projection-Reaction formation-fixation and Regression-The dynamics of personality.

Unit-III

Stress –Concept of stress-Stressful situations and life transition-Stress arousing events-Personal crisis-Bereavement and grief- Stress coping skills-Assessing stress-social support.

Unit-IV

Mental Health-Concept-Definition-Factors that influence mental health-Significance of youth period-Specific mental health problems of rural youth.

Unit-V

Personality -Approaches and personality assessment-Uses of personality assessment-Projective techniques-Rorschach inkblot test-Thematic apperception test (TAT)

Reference books

- Wittig,A.E.and Williams G III.Psychology-An introduction.New Delhi.Mc Graw Hill Book Co (international student edition) 1984.
- Baron, R.A,Byrne, D and Kantowitz,B.H.Psychology,understanding human Behaviour.NY.Holt,Rinehart and Winston,1980
- De fruyt, f. [2001].personality and individual difference.
- Hall, C.S., &Lindzey, G.theories of personality
- Halle, larry.A &Ziegler Daniel.1981.personality theories,New Delhi ;mc craw hill ltd.

Question pattern (CIA)

Section-A

Answer all the Questions (15x1=15)

Section-B

Answer any seven from the following (7x5=35)

Question pattern -Semester

Section-A

Answer all the Questions (20x1=20)

Section-B

Answer any five from seven of the following (5x5=25)

Section-C

Answer all the Questions, either or pattern (3x10=30)