



ST. JOSEPH'S COLLEGE OF ARTS AND SCIENCE

(AUTONOMOUS)

CUDDALORE-1



REPORT

2016– 2017

**ST.JOSEPH'S COLLEGE OF ARTS AND SCIENCE (Autonomous)
CUDDALORE-1**

CITIZEN CONSUMER CLUB

**ANNUAL REPORT
(June 2016- March 2017)**

➤ **District Level First Place In Essay Writing Competition:**

On Behalf of world Consumer Day, District Level Essay competition for the School and college students was conducted on 27.07.2016 in our Cuddalore Collector Office. It was conducted by Tamil Nadu Food Supply Society, Cuddalore Administration and District Consumer Club. Students from various Schools and College All over Cuddalore District participated.

Our College Citizen Consumer Club Member **Ms.S.Saraswathi** of III B.Sc Physics won the **First Place**. She was honoured with a Certificate and a Cash Award of Rs.1,500/- by Mrs.K.Vijaya, District Collector (In charge).

Name : Ms.S.Saraswathi
Event : Essay competition
Topic : To Stop or Avoid Wastage of Food Materials
To safeguard our self from Wrong Advertisements
Place : First Place (Cash Award of Rs.1,500/-.)



Mrs.K.Vijaya, District Collector In charge, Honouring Ms.S.Saraswathi



Respected Rev.Fr.Secretary Honouring Ms.S.Saraswathi with Certificate and Cash Award

➤ **District Level Workshop for the College and School students**

On 22nd September 2016, an workshop on “**Safe and Sustainable food for all**” was conducted to the College and the School students from our Cuddalore District. It was organised by our College Citizen Consumer Club joining hands with Consumers International (CI), SSNC and Consumer Federation Tamilnadu (CONFET)



Nearly 95 students from schools and colleges participated. The Workshop was inaugurated by **Rev.Fr.G.Peter Rajendiram**, Secretary, St.Joseph’s College, Cuddalore. Welcome address was delivered by Prof.A.RJohnson Durai, Co-ordinator, Citizen Consumer Club, St.Joseph’s College. Prof.M.Arumai Selvam, Vice-Principal, St.Joseph’s College, Cuddalore gave the awareness address.



Prof.A.R.Johnson Durai,CCC Co-ordinator, Delivering the Welcome Address



Rev.Fr.Secretary , Delivering the Inaugural Address



Prof.M.Arumai Selvam , delivering the special Address

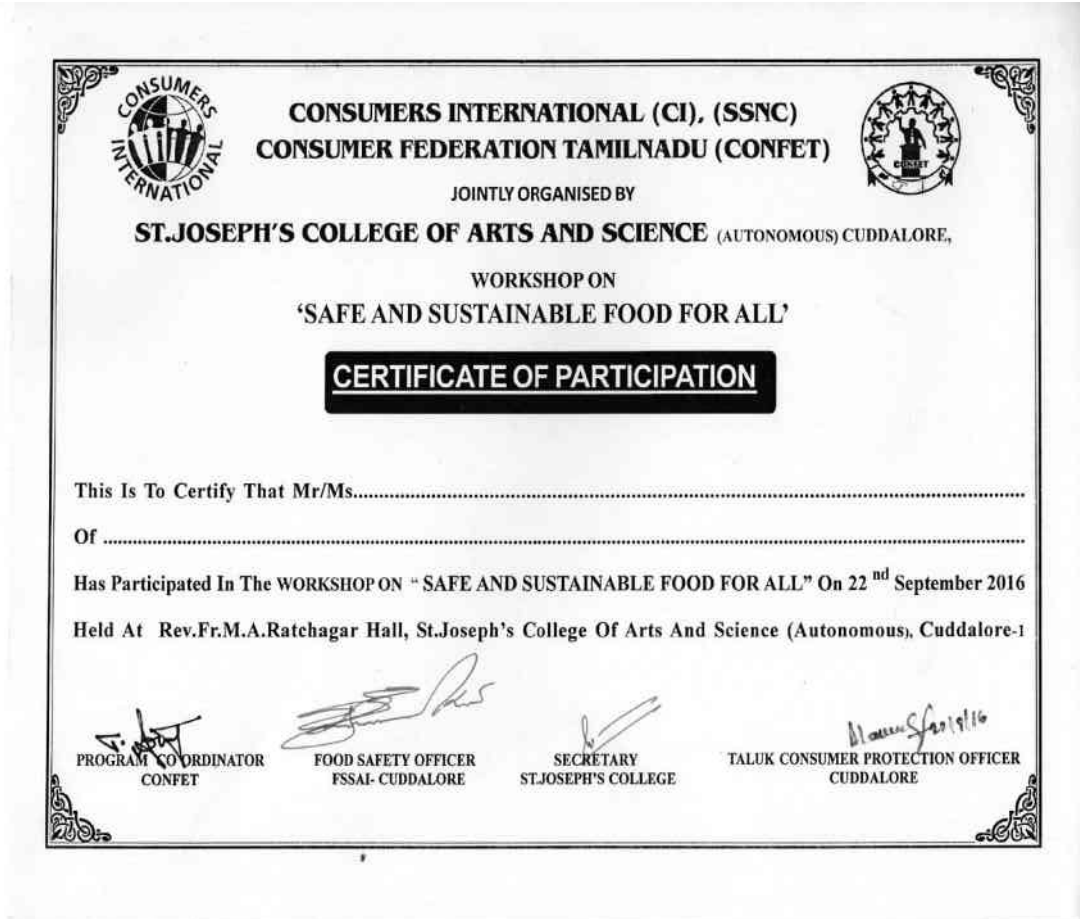
The session on **“Safe and Sustainable food for all”** was officially addressed by the following Resource Persons.

Dr.Ravi, District Food Safety Officer , Mr.R.Ramalingam , Consumer Protection officer, Mr.Balakrishnan Assistant General Manager, BSNL, Mr.J.Padmanaban, District Food Department, Mr.D.Arul Selvam , Programme Coordinator ,Mr.Nel.Krishnamoorthy an Agriculturist Behalf of world Consumer Day, District Level Essay competition for the School and college students was conducted on 27.07.2016 in our Cuddalore Collector Office. It was conducted by Tamil Nadu Food Supply Society, Cuddalore Administration and District Consumer Club. Students from various Schools and College All over Cuddalore District participated.



The students participants were really involved in the workshop and carried on with may number of queries. The session was interesting and more informative. For the tea Break session the dishes based on grains was served. All the Resource persons , spoke on the bad of the food products what we consume and how it can be eradicated. What ate the awareness measures we can do to have the Safe and Sustainable Food.

Finally there was a feedback session and the students really gave positive feedback. They conveyed more ideas how to avoid the unwanted foods. After Lunch the session ended. The students were provided with a Scribbling pad, pen and a Certificate. Finally Mr.D.Arul Selvam the Programme co-ordinator rendered the vote of thanks.



➤ **Seminar on "Tobacco Free Society is possible"**

The Citizen Consumer Club student members for our college was given a seminar on **"Tobacco Free Society is possible"** . **Dr.K.Kalaivendhan, President, Tobacco Free Society Movement (TFSM), Puducherry** was the Resource Person. The Seminar was conducted on 05.01.2017.

The Seminar was inaugurated by **Rev.Fr.G.Peter Rajendiram**, Secretary, St.Joseph's College, Cuddalore. Welcome address was delivered by Prof.A.RJohnson Durai, Co-ordinator, Citizen Consumer Club, St.Joseph's College.



Welcome Address by Mr.A.R.Johnson Durai, CCC, Co-ordinator

Dr. KALAM

TOBACCO FREE SOCIETY MOVEMENT, CUDDALORE
(A Branch of TFSM International)

புகையிலை(லை)ல்லா சமுதாய இயக்கம்

உலக சுகாதார அமைப்பின் ஆய்வியல் உடனடி அறிக்கை 80 பில்லியன் மரணங்கள் 2007 ஆம் ஆண்டில் 4.9 பில்லியனும், 2014 ஆம் ஆண்டில் 5.4 பில்லியனும் புகையிலையால் ஏற்படும்படினா. ஒட்டுமொத்தமாக இது 70 சதவீத மரணங்கள் வரும் நாடுகளிலேயே ஏற்படுகிறது. 2025 ஆம் ஆண்டில் 15 பில்லியன் இறப்புகளும் மூன்று மில்லியன் புகையிலை சாற்றை மரணங்களையும், நோய்களையும் ஏற்படுத்தும் இந்த புகையிலை புகைத்தல் அழிவு தீவிர தீர்மானம் மற்றும் தீர்மானம் ஏற்படுத்தும் உலகமே நடுத்தரமேயும் கூடுதலாக உருவாகும்.

பே. சுகாதாரம்: பிழம்பங்கள் மற்றும் புகையிலை பயன்படுத்துவோருக்கு ஏற்படும் பாதியங்கள் . . .

சுவை மற்றும் பல்
சுகாதாரம் பிழம்பங்கள் மற்றும் தீவிர மரணத்திற்கும் துடிக்கும் வீடு காரணமாகிறது.

கண் மற்றும் காது
புகையிலைக் கண்களில் பாதியை ஏற்படுத்தும். கரடி நோய்கள்க்க ஏற்படுத்தும் புகையிலைக்கு ஒரு காரணம்.

நுரையினம்:
இரத்தம் ஏற்படும் நுரையினம் பாதியில் பிழம்ப நோய் ஏற்படும் புகையிலை காரணமாகிறது.

பிற உறுப்புகள்
சிந்திரியை, சிந்திரியைகள், கண்களும், வயிறு மற்றும் திசம்புகை உறுப்புகள் பாதியால் ஏற்படுத்தும்.

குரல்
குரலில் தீவிரம் ஏற்படுத்தும் பாதியால் சுகாதாரம் தீவிர மரணத்திற்கும் ஏற்படும்.

உதவி:
குரலில் பாதியால் பாதியால் ஏற்படுத்தும் பிழம்ப நோய்க்க காரணமாகிறது.

தலை திறக்கம், குரல் வலி
தீவிர நுரையினம் தீவிரம் பாதியால் தலை திறக்கம், குரல் பாதியால் வலி ஏற்படும் காரணமாகிறது.

ஆய்வு
தீவிரம் தீவிர நுரையினம் உருவாகும் காரணமாகிறது தீவிரம் தீவிரம் பாதியால் ஏற்படுத்தும்.

தோல் கருக்கம், தலைவலி
புகையிலை தலைவலி உருவாகும் தோல் கருக்கம் ஏற்படும் மூலம் பாதியால் ஏற்படும்.

புகைப்பழக்கம் மற்றும் புகையிலை பயன்பாட்டை தவிர்த்து
மேற்கு டாக்டர். அப்துல் கலாம் மிவீகர்ன்
கனவுகளை நனவாக்குங்கள்

வெளியீடு
TFSM INTERNATIONAL, Sellam Dental Hospital
83, Bharathi Road, Opp. Municipal Building, Cuddalore - 607 001.
Mobile : 99949 77181, 98426 35226 Visit : www.cigarettequitsecret.org
TOBACCO FREE SOCIETY IS POSSIBLE! JOIN WITH US!!

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7



Inaugural Address by Rev.Fr.G,Peter Rajendiram, Secretary



Seminar Session by Dr.K.Kalaivendhan, President, Tobacco Free Society Movement, Puducherry

The seminar session on the Topic **Tobacco Free Society is possible**” was handled by Dr.K.Kalaivendhan, President, Tobacco Free Society Movement, Puducherry . Nearly 100 students participated and acquired Basic awareness on the Harm of Tobacco Usage. Mr.Ranjith of III BCA rendered the Vote of Thanks.

➤ **World Consumer Rights day-Interdepartmental Poster Presentation competition**

15th March is considered as **World Consumer Rights Day (WCRD)**, an annual occasion for celebration and solidarity within the International Consumer Movement. On the eve of **World Consumer Rights Day**, the Citizen Consumer Club, conducted **Interdepartmental Poster Presentation competition**.

Year	Topic
I Year	Awareness on Food Adulteration
II Year	Credit/Debit Card Advantages and Disadvantages
III Year	Rules ,Regulations & Laws for the Welfare of the Consumers

Rev.Fr.G.Peter Rajendiram Inaugurated the Poster Presentation Competition for both the shift- I and Shift – II. **Rev.Fr.A.Alex**, HOD, Dept of B.Com Bank Management was the Judge for the Shift-I. Nearly 15 teams Participated and displayed their talents.



Rev.Fr.G,Peter Rajendiram, Secretary-Inaugurating the Poster Presentation (Shift –I)



Rev.Fr.A.,Alex, being honoured- Judge for Poster Presentation (Shift -I)



Rev. Fr. G. Peter Rajendiram, Secretary-Inaugurating the Poster Presentation (Shift –II)





Mrs.R.Roseline, Asst.Prof.- Judging the for Poster Presentation (Shift –I)

The student's participants were really involved in the Poster Presentation and displayed their talents. The Poster Presentation session was interesting and more informative. The Non participants from all the classes viewed the Poster presentation and acquired knowledge .Finally the prize winners were honoured with Certificates and prizes in the Common Assembly.



Honouring the Prize winners– Shift II

➤ **Training on making Handicraft items**

17th February, 2017 Wednesday, his Shift II evening college Girls was given training on making Handicraft items. The Training was given by Cuddalore NGO



➤ **Rally on Consumer Awareness**

11th October 2016, Citizen Consumer Club volunteers organized an Rally from Cuddalore Town hall St.Joseph's college. This rally was to mention the importance of Consumer rights.



➤ **Human Rights Day Celebration:**

Human Rights Day is considered on December 10th of every year. To uphold that day the Citizen Consumer Club organized an Awareness session on **Human Rights**. The Ist year Post Graduate Students of all the Departments, participated.

Date : Wednesday, 07th December 2016

Time : 10.00 AM to 11.15 AM

Venue : Rev.Fr.M.A.Ratchakar Hall

