## ST. JOSEPH'S COLLEGE OF ARTS & SCIENCE (AUTONOMOUS) CUDDALORE

#### PG DEPARTMENT OF SOCIAL WORK

#### **ANNUAL REPORT OF THE ACADEMIC YEAR 2016 -17**

### GUEST LECTURE ON SCOPE OF SOCIAL WORK PROFESSION IN THE VARIOUS DEVELOPMENT FIELD

The Department of social work has conducted a **Guest Lecture on Scope of Social Work Profession in the Various Development Field** for students on 22.06.2016. The programme was started at 11.30 am in the class room of PG Department of Social Work. Mr. Rajesh Kanna, District Co-ordinator of Child Line, Cuddalore was the Resource Person for the programme. The guest lecture was started with welcoming and honouring the resource person. Mrs. A. Arokia Mary, Head, Department of social work, enlightened the students with her inaugural message in which she stressed the scope of social work in today's scenario. Resource Person talked about imparting the value and importance of social work profession. He highlighted the job opportunities for the professional social workers at the International, National and State Level Government as well as nongovernmental organizations. He shared his experiences and quoted many life events in the social work field. By motivating the participants to dream high and serve the society. The feedback was collected from the participants. The participants have expressed that the guest lecture was much informative for them.



**Motivating speech of Chief Guest** 



Chief Guest inspiring the gathering

#### **OBSERVATION VISITS**

The Department of Social Work has organized Observation visits to the students of I MSW as part of their filed work component in order to provide them practical exposure on social work practices. This was done from 8<sup>th</sup> – 29<sup>th</sup> July, 2016. They went to many organizations such as Pondicherry Multipurpose Social Service Society (PMSSS), Global Trust for the Differently abled, Dhaya Special School, Sathya Special School, AarupadaiVeedu Medical College and Hospital. They got a lot of insights and practical knowledge on social work practices.

#### AWARENSS PROGRAMME ON BREAST FEEDING

On 04.08.2016, PG Department of Social Work in collaboration with AarupadaiVeedu Medical College and Hospital, Pondicherry organized Awareness Programme on Breast Feeding to the Post-Graduation final year female students of St. Joseph's College of Arts and Science (Autonomous), Cuddalore on the eve of international breast feeding week. The presidential address was given by Rev.Fr.G.PeterRajendiram, Secretary, He highlighted the importance of the world breast feeding week in his speech. Mr.M. Arumai Selvam, Vice-Principal, felicitated the gathering with his words. He said that this program was very essential for upcoming generation for maintaining good health. Dr.D.R. Vedapriya, Professor & Head, Department of Community Medicine, AarupadiVeedu Medical College and Hospital, Pondicherry, was the Chief Guest of the programme who imparted a lot of information on breast feeding. She highlighted that breast feeding is indispensable to develop the health of the children and the mother and to prevent a diseases and develop the IQ level of the child. Followed by this, Dr.Raiker Pallavi Vivek, Associate professor, Department of Community Medicine, AarupadiVeedu Medical College and Hospital, Pondicherry, the guest speaker spoke about the benefits of the breast feeding for the mothers. She stated that breast feeding reduces the diseases like diabetes, breast cancers, Coronary diseases, Osteoporosis and other diseases. She explained how to breast feed at work places and how to improve breast milk secretion.



Inspring Talk by Chief Guest address by Dr.RaikerPallaviVivek



**Chief Guestenlightening the participants** 

#### REPORT OF STREET THEATRE TRAINING

The Department of social work has organized street theatre training for the first MSW students from 18.08.2016 to 22.08.2016. It was conducted in order to equip the social work students with the street theatre skills which are needed for organizing various social awareness and development programs. The programme was inaugurated at 9.30 am on 18.08.2016 with the lighting of the lamp. The dignitaries were welcomed and honoured with a shawl. Mrs. A. Arokia Mary, Head, Department of Social Work gave the inaugural address. Rev. Fr. G. Peter Rajendiram, Secretary, presided over the programme and inspired the students through his speech. After this the felicitation was given by Mr.Arumai Selvam, Vice-Principal, Rev. Fr. S. Xavier, Dean of Studies, and Mrs.Jeyanthi Ravichandran, Dean of Evening College. The students were given training on creating awareness songs, skit, Kummi, Oyilattam, Paraiyattam and Kollattam for five days. All the students felt and expressed that this training was so beneficial to them as it helped them to come out of their introvert personality and be sociable with all. This also enabled them to prepare and present awareness and motivational programmes for the people.



Mrs.A.Arokia Mary, Head addressing the Students



**Inaugural Ceremony of Street Theatre Training Programme** 

#### **RURAL AWARENESS CAMP**

The Department of Social work has organized Rural Awareness Camp for five days at Siluvaipuram, Chidambaram Taluk of Cuddalore District from 14.09.2016 to 18.09.2016.

**Session I**: Awareness Programme on Effects of Alcohol Consumption

**Date** : 14.09.2016

**Time** : 6.00 pm

**Venue:** Siluvaipuram, Chidambaram Taluk, Cuddalore.

The PG Department of Social Work students has organized an Awareness Programme on Effects of Alcohol Consumption on 14.09.2016 during Rural Awareness Camp at Siluvaipuram, Chidambaram Taluk, Cuddalore District.Rev.Fr. Paulraj, the resource person interacted with people and shared about olden day's story. The story insisted about the effects of alcohol through song and other means. The alcoholic person will lose his ability and mental capacity creating heart attack, BP, diabetes, etc. Mr.Suresh Kumar, Project Coordinator, MNTN explained by his own experience with alcoholic patience and gave some tips to avoid for taking alcohol. The program was completed successfully with the co-operation of village people and this program was created awareness among the people to come out from alcohol addicts.



Mr. J. Durai Raj, Assistant Professor addressing the gathering.



MotivatingSpeech by Fr. Paul Raj, resource person on Ill effects of alcohol consumption.

**Session II**: Awareness Programme on Health and Hygiene.

**Date** : 15.09.2016

Venue: Siluvaipuram, Chidambaram Taluk, Cuddalore.

The PG Department of Social Work organized an Awareness Programme on Health and Hygiene on 15.09.2016 at 11.00am during their rural awareness camp at Siluvaipuram, Chidambaram Taluk, Cuddalore District. Rev.Fr. Lourdusamy, Parish Priest Siluvapuram, explained the importance of health and hygiene. Mr. Shankar, Counsellor, JIPMER, Pondicherry talked about health and hygiene and its importance with special reference to 10 rules to be healthy. He stressed on the habit of brushing twice in a day which makes everyone healthy. He also insisted the students on two types of cleaning i.e., self-cleanliness and

environmental cleanliness. The programme was completed successfully with the co-operation of village people and school students. This programme was created awareness among the people to be healthy and hygiene.



Ms. Jaya Priya giving introduction on Health and Hygienic Practice.

Session III: Awareness Programme on Suicide Prevention and Positive Thinking

**Date** : 16.09.2016

**Time**: 7.00pm

Venue: Siluvaipuram, Chidambaram Taluk, Cuddalore.

The PG Department of Social Work students has organized an Awareness Programme on Suicide Prevention and Positive Thinking on 16.09.2016 during Rural Awareness Camp in Siluvaipuram, Chidambaram Taluk, Cuddalore District. Mr. Robin Jayaraj, Assistant Professor, St.Joseph's College of Arts and Science, gave the introduction about the theme. Rev. Fr. Lourdhu samy Parish Priest, Siluvaipuram shared his experience related to negative energy which leads to negative and he insisted people to be positive. Chief Guest, Mr. Rajkumar, Clinical Psychologist said that negative energy and negative thinking leads to suicide. He added that according to survey men used to suicide from the age of 15 to 35 and above 65.People like mentally affected, drug addict, sexually abused commit suicide. He also discussed about the prevention of suicide and few steps to avoid suicide. This programme has created awareness among the youngsters not to have suicidal thoughts and have positive thinking.



Mr.RajKumar, Clinical Psychologist, addressing on Suicidal Prevention.

Session IV: Sports and Competitions for School Students

**Date** : 17.09.2016 **Time** : 11.00am

Venue: Siluvaipuram, Chidambaram, Taluk, Cuddalore.

The students of PG Department of Social Work conducted the Sports Day activity on 17.09.2016 during rural camp at Siluvaipuram, Chidambaram Taluk, Cuddalore District. Sports day was conducted for school children in Siluvaipuram. Mr. Balakrishnan Headmaster, Central Middle School, was started the games for school children. The sports activity conducted by Department of Social Work completed successfully with the co-operation of school students.



Sports Day activity on 17.09.2016 during rural camp at Siluvaipuram.

SessionV: Free Medical Camp

**Date** : 18.09.2016 **Time** : 11.00am

Venue: Siluvaipuram, Chidambaram Taluk, Cuddalore.

The PG Department of Social Work organized Free Medical Camp collaboration with AarupadaiVeedu Medical College and Hospital on 18.09.2016 during their Rural Awareness Camp at Siluvaipuram, Chidambaram Taluk, Cuddalore District. The chief guestsare Rev. Fr. Peter Rajendiram, Secretary, St. Joseph's College of Arts and Science (Autonomous), Cuddalore and Rev. Fr. Lourdhusamy, Parish Priest, Siluvaipuram. Through this Medical Camp community people benefited.



Diagnosing the patient by the patient at Medical Camp



Registration process during Free Medical Camp.

### ASSOCIATION INAUGURATION & WORKSHOP ON SCIENTIFIC WRITING AND PUBLICATION

The Department of Social work has organized association inauguration and two days workshop on scientific publication on 07.09.2016 and 01.10.2016. Dr.Mangaleshwaran, Assistant Professor, Syndicate member (Bharathidasan University) Executive council member (Pondicherry Central University) was the Chief Guest of the programme. Mrs.A.Arokia Mary, Head, Department of Social Work presented the Annual Report of the year 2015-2016. After that the office bearers were introduced and given badge. Rev.Fr.PeterRajendram, Secretary, delivered his presidential message by quoting his own life example. After that the technical sessions were conducted by the Chief Guest on the topics introduction to Research Methodology, Review of Literature, Preparation of Research Proposal and Academic Writing Skills. After the sessions, students shared their experience and knowledge which they gained in this workshop.



(Encouraging words by Secretary at the Association Inauguration)



(Stimulating Speech by Dr.Chinnappan, Principal)



(Presentation of Annual Report by Mrs. A. Arokia Mary, Head, Department of Social Work)

### CONSULTATIVE WORKSHOP ON EMPLOYABILITY OFPERSONSWITH DISABILITIES WITH STAKEHOLDERS

On 28.11.2016, eight students of II MSW along with a faculty participated in the Consultative Workshop on Employability of Persons with Disabilities with Stakeholders at Athithi Hotel, Pondicherry organized by LC Project Nagapattinam in collaboration with Sathiya Special School. The students felt that the workshop was very useful for them.

#### REPORT OF AWARENSS PROGRAMME ON HIV/AIDS

On 05.12.2016, PG Department of Social Work in collaboration with Mahatma Gandhi Medical College and Hospital, Pondicherry organized Awareness Programme on HIV / AIDS to the under graduate final year students of St. Joseph's College of Arts and Science (Autonomous), Cuddalore on the World AIDS day. After the formal proceedings, Dr.Suguna, Assistant Professor, Department of Community Medicine, Mahatma Gandhi Medical College and Hospital, Pondicherry, was the Chief Guest of the programme who imparted a lot of information on HIV/AIDS. She highlighted the mode of its transmission and prevention. The students thanked the organizers of the program for conducting the awareness program with the national anthem, the program came to an end.



(Presidential address by Fr. Peter Rajendiram)



(Persuading words of Dr.Suguna, Chief Guest of the programme)



(Motivating speech by the Chief Guest)

#### RESEARCH REVIEW MEETING

The Department of Social work has organized Research Review Meeting for the II MSW students on 09.01.2017. Dr. G. Kumar, Assistant Professor, Department of Social Work, Periyar Arts College, Cuddalore, was the Chief Guest of the day. The students presented the proposal, tool and review of the literature. The suggestions were given by the external expert to precede the research project. The students felt that this meeting was very useful for them in the field of Research.

#### STREET PLAY ON ROAD SAFETY

The PG Department of Social Work in collaboration with Godrej Consumer Products Limited, Pondicherry organized a street play on road safety on 12.01.2017. The students of social work performed street play on Road Safety to the villagers of Kattukuppam, Pondicherry and the labourers of Godrej Consumer Products Limited, Pondicherry. The street play focused on the safe driving on the roads and healthy practices for road safety. The students used the songs, captions, placards to give awareness about road safety. People who were using helmets, seat belts and follow the rules were identified on the spot and were awarded with prizes.



(Street play on Road Safety by the students)

### AWARENESS ON HEALTH AND HYGIENIC AND DISEASE AMONG THE MIDDLE SCHOOL STUDENTS AT MANNAPATTU:

The students of II MSW conducted an awareness programme on health and hygiene for the people at Mannapattuon 04.02.2017. Mr. J. Durai Raj, Head, Department of Social Work inaugurated the programme with the inaugural address. Mr. Kirubakaran, M.D, Assistant Professor, Community Medicine, AarupadaiVeedu Medical College and Hospital, Puducherry was the Chief Guest who explained about the protective and preventive method about diseases with a special reference to cancer and other communicable diseases. He also explained about swine flu and gave instruction on how to prevent the diseases. After this, social work students performed a skit on health and hygiene which was appreciated by the people. 28 people from Manapattu village participated and benefited from this programme.



(Inaugural address given byMr. J. Durai raj)



(Inspiring speech by the Chief Guest)

## NATIONAL SEMINAR ON IMPLICATION OF A SOCIAL WORK PRACTICES IN DISASTER PREPAREDNESS AND RISK MANAGEMENT

The students of I MSW conducted A National Seminar on Implication of a Social Work Practices in Disaster Preparedness and Risk Management on 08.02.2017. Rev. Fr. G.Peter Rajendiram, Secretary, gave presidential address of the seminar. The Chief Guest of the day Mr.R.Anbazhagan, District Tashildar, Cuddalore, Mr. M. Arumai Selvam, Vice Principal, Rev. Fr. Xavier, Dean of Studies, Mrs.Jayanthi Ravichandran, Dean of Evening College, Mr.Santhana Raj, NSS Co-ordinator, Rev. Fr. Alex, Head, Department of Bank Management, facilitated the gathering. More than 150 participants from various colleges and NGOs participated in the seminar. Resource persons from various institutes were invited for sessions. Mr.Ramesh Senior Scientist from INCOIS Hyderabad was one of the resource people of the seminar.



(Presidential address was given by Rev. Fr. Peter Rajendiram)



(Inspring speech by Chief Guest)



(Panel Discussion by the Dignitaries)



(Valediction speech by Secretary)



(Certificates distribution by Rev. Fr Secretary)

### SUICIDE PREVENTION AND AWARENESS ON LOVE AFFAIRS AMONG SCHOOL STUDENTS

The students of II MSW organized a program on Suicide Prevention and Awareness on Love Affairs among School Students at Government Girls Hr.Sec.School, Kurinjipadi on 17<sup>th</sup> February 2017. Mr.T.Velmurugan, Asst. Professor and Dr.Navalar Nedunchezhiyan, Engineering College, Tholudur was the Chief Guest of the programme. He gave awareness on positive thinking and positive way of living. He also insisted on importance of Life and how to lead a successful life.



Chief guest's interaction with the students

#### IMPORTANCE OF ORGANIC FARMING

The PG Department of Social work in collaboration with Department of Zoology organized a community development programme at Kuruvappanpetai Panchayat on 20.02.2017. Mrs. Thenmozhi, Head, Department of Zoology, St.Joseph's College of Arts &Science (Autonomous) Cuddalore. She explained the importance of organic farming and the current demand for organic product in the market. Mr.Sivaraman Sethu, Kuruvappanpettai Panchayat leader addressed the gathering and the village people to switch to organic farming. The student performed cultural events and explained the importance of agriculture through street theatre play.



(Chief Guest speech on Organic Farming)



(Street Play about the Importance of Agriculture by MSW Students)

#### AWARENESS ON HEALTH & HYGIENE

The students of II MSW organized a Community Development Programme on Health and Hygiene at Government Middle School Sellankuppam, Cuddalore on 21.02.2017. Mr.J.Durai Raj, Head, Department of Social work gave introduction about the social work and gave brief explanation about the topic health and hygiene. Mr. Robin Jayaraj, Assistant Professor, Department of Social work was the Chief Guest. He explained the various causes for the spread of diseases and how to prevent them. He also demonstrated the ways of hand wash and how unhygienic food causes health problem. The students were motivated by conducting sports and various other competitions to explore their talents, prizes were distribute to the winners as well as to the participants. Finally the MSW students performed dance and mime to entertain the village people.



(Prize distribution by Mr. J. Durai Raj for the winners)

### AWARENESS PROGRAMMME ON STRESS RELIEF FOR STAFF NURSES

The students of II MSW organized a community development programme on 22.02.2017 on the topic Stress relief for staff nurses at Primary Health Centre, Thiruppapuliyur, Cuddalore. Dr.Vasatha, Primary Health Centre felicitated the gathering she appreciated the MSW students for organizing the programme. Rev.Fr.Assisi, Rector, St.Joseph's Seminary, Cuddalore was the Chief Guest and he appreciated the noble service rendered by the nurses to the society. The students conducted games for the nurses to relax themselves from their routine work. Later yoga was demonstrated to the nurses and every one participated in it.

### AWARENESS PROGRAMME ON MENTAL HEALTH AMONG SCHOOL STUDENTS

The students of II MSW organized a community development programme on 23.02.2017 on the topic mental health among school children at Government Middle School, Edaiyarkuppam. Mr.Robin Jayaraj, Assistant Professor, Department of Social Work gave the inaugural address. Mr.Senthil Kumar, Psychiatric Social Worker, Mahatma Gandhi Medical College & Research

Institute, Pondicherry was the Chief Guest. He explained about mental health and child psychiatric problem, behaviour problem, problem at home and student's low performance in school due to mental health problem was discussed. He also explained the various mental health problems to the teacher and asked them to contact the hospital when anyone needs help. The students performed dance and the programme concluded with national anthem.



(Chief Guest is inspiring the gathering)

# TALENT EXPO AMONG SCHOOL STUDENTS AND SEMINAR ON DEVELOPMENT AND GUIDANCE TO TEACHERS IN THE TEACHING PROFESSION

The students of II MSW organized a community development programme on 24.02.2017 on the topic Talent expo among School Students and Seminar on Development and Guidance to teachers in the teaching profession at Mother Theresa Matric Higher Secondary School, Sathipattu. Rev.Fr.Assisi, Rector, St.Joseph's seminary, Cuddalore was the Chief Guest of the programme. Mr.ArokiaSamy, Secretary, Mother Theresa Matric Higher Secondary School, Sathipattu felicitated the gathering. In the morning session competition were conducted for the students and in the evening session seminar was conducted to the teachers on how they can handle the children in various situation and

importance of teaching profession. Prizes were distributed to the winners in the competition.



Inaugural message by Mr. J. Durai raj, Head of the Department

#### GUEST LECTURE ON JOB OPPORTUNITIES IN ORGAN DONATION

The Department of social work organized a guest lecture on 27.02.2017 on job opportunities in organ donation at the Department of social work. The programme started with the prayer song. Mr.J.Durai Raj, Head, Department of Social work gave brief introduction about the topic and introduced the guest Speaker. Mr. Ruban Victor, Transplant Co-ordinator, PIMS Hospital, Pondicherry gave a lecture on organ donation who can donate, when, how and what are the procedures to donate, what are all the organs we can donate, etc. He explained about the scope of medical social workers in the hospital. Later he explained the importance of counselling, he demonstrated how to disclose the medical result of HIV patient.



Vote of thanks by Mr. Sivakumar, II MSW